

Hudson Valley • Central New York • Sullivan Catskills

# 3 REGIONS, 9 DAYS, COUNTLESS ADVENTURES



Only 90 minutes from the Big Apple of Manhattan, Dutchess County in the Hudson Valley is the scenic backdrop to Dutch Colonial settlers, leaders of the Revolutionary War, aristocracy of the Gilded Age and the extraordinary era of **President Franklin D. Roosevelt**. The Valley's star attraction is the natural scenic beauty of the majestic **Hudson River** and the breathtaking views of the nearby Catskill and Berkshire Mountains. Explore the county's distinct history, world-class cultural attractions, unique scenic vistas and a vibrant culinary scene of farm-fresh dining and craft beverages.

# **HOW TO GET AROUND**



New York Stewart International (24 km from Dutchess County)



- Budge
- ...
- Hertz
- Nationa



AMTRAK from NYC to Poughkeepsie and Rhinecliff and Metro-North Railroad New York City to Beacon and Poughkeepsie

### **Craft Beverage**

Dutchess County's abundant spirits movement is home to a wealth of vineyards, breweries and distilleries. Many producers like **Plan Bee Farm Brewery** grow their own ingredients to craft the perfect concoctions. You're never far from the best in handcrafted and award-winning wine, beer, bourbon, whiskey, gin, brandy and hard cider.



# Culinary

At **The Culinary Institute of America** in Hyde Park, master chefs train future master chefs from around the world. Guided tours offer behind-the-scenes access to life as a student chef. Savor a meal at any one of four public restaurants and relish the treasures of their culinary gift shop. Nearby farms offer the chance to pick-your-own apples, and **Sprout Creek Farm** invites you to sample their award-winning cheese.

#### Outdoor

Take to the skies in a biplane ride at **Old Rhinebeck Aerodrome**. Take in the stunning views on the world's longest elevated pedestrian bridge at **Walkway Over the Hudson**. Or take your time in the meditative cup gardens of **Innisfree Garden**, a sublime combination of rock, water, wood and sky. Take a walk on the wild side at **Trevor Zoo**, America's only accredited zoo on a high school campus. Explore the grounds where students care for more than 180 exotic and indigenous animals, including eight endangered species. Take the plunge on the thrilling waterslides at **Splashdown Beach** against a backdrop of mountain views!



# **Iconic Attractions**

Travel back in time inside America's first presidential library and museum, take a guided tour of the **Springwood** estate of President Franklin D. Roosevelt and **Val-Kill**, the only National Historic Site dedicated to a first lady. Visit the rose garden gravesites of Franklin and Eleanor Roosevelt and tour **Vanderbilt Mansion** for an encounter with Gilded Age aristocracy.





Beekman Arms Delamater Inn, Rhinebeck

Hilltop House Bed & Breakfast, Amenia



Between the world-famous waterfalls and the world-class city, travelers find themselves at the center of it all in Central New York state. From its designation as "America's Craft Brew Destination" to its kilometers of countryside and the meandering **Erie Canal**, Central New York lays claim to the ultimate American experience. Here you'll find the **National Baseball Hall of Fame and Museum**, countless Main Street USAs and historic villages that reflect classic small-town life in the U.S.

# **HOW TO GET AROUND**



Hancock International Airport, Syracuse



- Enterprise Car Rental
- Budget
- AVIS
- Hertz



AMTRAK to Amsterdam, Utica, Rome, Syracuse

#### **Craft Beverage**

Central New York's legendary hop yards produced 90 percent of the nation's hops in the late 1800s and the state is a top five beer producer in the U.S. today. Known as **Brew Central**, this region brings together the stories, traditions and tastes behind a growing constellation of breweries, craft-centric pubs, cideries, distilleries and wineries in Central New York. Visitors to Brew Central can get a taste of history at **F.X. Matt Brewing Company**, a four-generation legacy brewery, or explore the more contemporary stylings of **Brewery Ommegang**, producer of the Game of Thrones beer for the popular HBO series.



# Culinary

In addition to farm-to-table meals steeped in our rich agricultural heritage, you can also pick a bounty of apples or pumpkins at any one of Central New York's numerous family farmsteads like **Critz Farms** during harvest season. Binghamton's signature dish, **spiedies** (marinated skewered meat), are supreme Central New York fare. Other regional specialties include **chicken riggies** (pasta), **tomato pie**, **half-moon cookies** and **Utica Greens** (escarole), which have been featured on national television.

#### Outdoor

From the southern tip of New York's famous Adirondack Park to the peaks of the Catskill Mountains, Central New York unfolds in rolling hills, stunning lakes and state forests. Hike or backpack 560 kilometers of trails to explore the varied landscape, discovering waterfalls and tucked-away watersheds as you go. Climb aboard the **Adirondack Scenic Railroad** for amazing views of stunning vistas and pristine forestlands.



# **Iconic Attractions**

The Herkimer Diamond Mines feature phenomenal gemstones believed to be close to 500 million years old and exclusive to the area. You can unearth them as unique souvenirs. Visitors can explore a "newer" piece of history at Fort Stanwix National Monument, a reconstructed 18th-century post known for its critical role in the American Revolution. Add a modern touch to your trip with Turning Stone Resort Casino, which offers a gorgeous getaway featuring luxurious accommodations, fine dining, celebrity entertainment and Las Vegas-style gaming.





Rosemont Inn B&B, Utica ------rosemontinnbb.com



The Sullivan Catskills is renowned as America's first vacationland for its exceptional beauty, quaint villages and outdoor recreation. It is the site of the original 1969 **Woodstock Festival**, birthplace of American fly fishing and home to the **National Park Scenic Wild Delaware River**. It serves as the gateway destination to the historic Catskill Mountains and is only 90 minutes or less from New York City and 4 international airports. Today, we now have new and exciting state-of-the-art resorts, 4 and 5-star distinguished inns, incomparable farm-to-table cuisine, exciting outdoor adventure and award-winning breweries, distilleries and wineries.

# HOW TO GET AROUND



90 minutes or less from New York City and 4 international airports:

- New York Stewart
- LaGuardia
- JFK
- Newark International Airports



• Zip Car

• Enterprise Car Rental



Metro North Railroad to Port Jervis or Middletown

# **Craft Beverage**

Take a scenic road trip through sweeping and colorful vistas of the Sullivan Catskills to its award-winning breweries, distilleries and wineries on the **Sullivan Catskills Artisanal Beverage Trail**. Our one-of-a-kind crafters use pure Catskill Mountain water with the freshest local ingredients to create some of the most celebrated artisan brews in the U.S.

You'll find specialty prized brews for every palate, such as Callicoon Brown Cow Porter at the **Callicoon Brewery**; Devil's Path IPA found at the **Catskill Brewery**; or the Bourbon Barrel Aged Porter from the **Shrewd Fox Brewery**. Then head to New York's voted No. 1 brewery, **Roscoe Beer Company**.

Try the organic lavender wine at the **Bashakill Vineyards** or a crisp, fresh craft cider made by **Aaron Burr Cidery** or **Seminary Hill**.

Prefer spirits? The **Catskill Distilling Company** in Bethel features award-winning Curious Gin, Peace Vodka and Bosco Monte Vecchio Grappa. At **Prohibition Distillery** in Roscoe, you'll find the esteemed Bootlegger 21 New York Gin, Vodka and Whiskey.

#### Culinary

The Sullivan Catskills culinary scene is exploding! Local chefs are creating new and pioneering cuisine that utilizes farm-to-table philosophy which draws visitors from New York City and beyond. Many of our chefs forage their own food or personally hand-select only the finest organic locally sourced products. Our Michelin-quality restaurants such as **Yo1**, **Cellaio**, the **Heron** and **The DeBruce** create unique culinary experiences that have been written about in the Wall Street Journal and New York Times as well as featured on travel channels throughout the globe.

#### Outdoor

Our destination is also home to American fly fishing and legendary fishing rivers such as the Beaverkill and Willowemoc as well as the **National Park Scenic Wild Delaware River** and its aligning boutique-style villages known for great beauty, wildlife and water adventure opportunities like kayaking, fishing, whitewater rafting and zip-lining.

# Iconic Attractions

The Sullivan Catskills is known for the 1969 **Woodstock Festival**, which is celebrating its 50th anniversary in 2019. You can still feel this event's magical impact today at the **Bethel Woods Museum**, where you are taken back in time to experience the energy of 1969 and the Woodstock Festival. Bethel Woods Museum is housed on the campus of the **Bethel Woods Center for the Arts**, which has one of the finest amphitheaters in the United States.







North Branch Inn, North Branch

Villa Roma Resort, Callicoon \_\_\_\_\_villaroma.com







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